

HYDROCHROMOPATHY

Hydrochromopathy is a system of alternative medicine that uses water as a medium for the absorption of color, as a therapy for treatment. This may be accomplished by putting water in a colored glass container and leaving it in the sunshine for at least one hour and up to all day, or by using a colored light focused into a glass of water for similar lengths of time.

History:

- According to ancient Egyptian mythology, the art of chromotherapy was discovered by the god Thoth.
- In the hermetic traditions, the ancient Egyptians and Greeks used colored minerals, stones, crystals, salves and dyes as remedies and painted treatment sanctuaries in various shades of colors. Color was intrinsic to healing, which involved restoring balance. Sunlight was used in direct healing and garments, oils, plasters, ointments and salves were used for indirect healing. What was missing in their medicinal use of color was water as a medium for the absorption of color, which later proved to be the best remedy for removing toxins from the body. This concept is common among all researchers working on hydrochromopathy.
- Avicenna (AD 980) advanced the art of healing using colors.
- Pleasanton (1876) used only blue and stated that blue was the first remedy in case of injuries, burns or aches. He reported his findings on the effects of color in plants, animals and humans.
- Babbitt (1877) presented a comprehensive theory of healing with color. Babbitt also established the relationship between color and minerals. He developed elixirs by irradiating water with sunlight filtered through colored lenses. He claimed that this 'potentized water' retained the energy of the vital element within the particular color filter used and had remarkable healing power. The actual energy to which he referred in potentized water was not calculated by any means. He did not explain the energy change in water, its quantum states and how different kinds of vibrations affect water in different manners. He did not explain about the potency of potentized water, but incredible for that time was his correlation of magnetism with chromotherapy. He discussed appropriate colors for diseases in detail that in a way does not contradict to the facts newly established under the influence of science.
- Modern light medicine got its biggest boost from the pioneering work of an Indian physician named Dinshah Ghadiali. Ghadiali who did a great deal of research into the use of color light for healing after moving to New York in 1911. He trained over 800 professionals between 1920 and 1924. He got his start with light medicine in India, after a young woman with severe diarrhea caused by colitis was rapidly cured when light from a kerosene lantern, passed through an indigo-colored glass bottle, was shone onto her. The woman was also helped by drinking milk that had been in an indigo-colored bottle left out in the sun. The milk apparently taking on the healing vibrations of that color of light. Over the next 20 years, his group amassed many thousands of successful case studies showing the remarkable power of light healing for a wide range of human diseases. As has often been the case with innovators, Ghadiali was ordered by the FDA to shut down his teaching and equipment sales in 1947. His son, Darius, continues an educational forum called the Dinshah Health Society.
- Mester (1965) conducted experiments to determine the function of light in animal and human cells. The work of Mester resembles that of Azeemi and gives a clear picture of the effects of colors on the human body, whether applied directly to the skin or absorbed in such materials as water, oil and milk and then given to the patient
- Azeemi (2005) discussed in detail the causes of diseases and suggested appropriate colors, which are very easy to understand and to use. He discussed in detail different methods of chromotherapy but emphasized hydrochromopathy. The complete methodology of chromotherapy as described by him is extremely useful and effective; undoubtedly, a new area of research has evolved with the publication of his book.

RED:

Stimulates the sensory nervous system which energizes the senses: sight, hearing, touch, taste and smell. Liver builder and stimulant for liver and stomach. Builds platelets, hemoglobin, etc., of the blood (hemoglobin). Causes rapid expulsion of debris through the skin; may induce skin redness, itching, pimples, until the internal cleansing process is completed (irritant, pustulant). Counter-agent for cold burns from x-rays, ultra-violet. For conditions: Anemia, Liver problems, Circulation. Emotional: Vitality, courage, passionate

ORANGE:

Lung builder and respiratory stimulants areas thyroid, breast and upper back. Thyroid builder and stimulant, Parathyroid depressant. Relieves cramps and muscle spasms (antispasmodic) Stimulates mammary glands to increase milk production. Stomach stimulant, areas spleen, liver, stomach (stomachic). Assists vomiting when stomach contains unsuitable matter. Relieves flatulence or gas in the digestive tract (mid and lower abdomen). Bone builder, corrects bone softness, rickets, by calcium effect. Tissue stimulant decongestant. For conditions such as: Muscle or menstrual cramps, Gastritis, Nausea. Emotional: Joy, confidence, resourceful

YELLOW:

Stimulates the motor nervous system which energizes the muscles. Nerve builder for sensory and motor systems. Stimulates the lymphatic system. Mild tissue stimulant. Stimulates the intestines, pancreas, and production of digestive fluids – bile, hydrochloric acid, etc. Increases bowel movements. Spleen depressant; equilibrator in melancholia, balances areas of spleen and liver through the portal circulation. Expels worms and parasites. For conditions such as: Diarrhea, Parasites, Mental disorders. Emotional: Happy, clarity, strong self esteem

LEMON:

Produces a favorable change in the processes of nutrition and repair in persistent disorders (chronic alterative) Dissolves blood clots. Promotes coughing to expel mucus and fluids from the lungs and air passages. Bone builder, by phosphorus effect. Brain stimulant. Thymus builder and stimulant. Mildly stimulates digestive system (laxative). Equilibrator after extended use of ultra-Green tonations. For conditions such as: Cancer, Constipation, Fatigue, Hypertension. Emotional: Hopeful, restless, excitable

GREEN:

Cerebral equilibrator. Physical equilibrator, systemic front. Pituitary stimulant and equilibrator (area: face). Stimulated the rebuilding of muscles and tissues. Destroys microorganisms, germs, bacteria; cleanses and prevent decay (germicide, bactericide, disinfectant, antiseptic). For conditions such as: Colds, Flu, Sinusitis, Food poisoning, Arthritis. Emotional: Calm, alert, sensitive, jealous

TURQUOISE:

Produces a favorable change in the processes of nutrition and repair in recent disorders (acute alterative). Brain depressant. Skin tonic. Rebuilds burned skin. Equilibrator after extended use of infra-Green tonations. For conditions such as: Burns, Hyperacidity, Neuralgia, Insect bites, Rashes. Emotional: Easy going, enthusiastic, creative, sensitive, over or under emotional

BLUE:

Relieves itching, and irritation of abraded surfaces. Encourages perspiration. Mild sedative. Reduces or removes fever and inflammation. Pineal stimulant (area: face) Builds vitality. For conditions such as: Hot Burns, Cough, Sunburn, Arthritis, Rashes. Emotional: Cool, calm, peaceful, relaxed

INDIGO:

Parathyroid builder and stimulant (area: thyroid). Thyroid depressant. Respiratory depressant. Causes contractions, controls abscesses, lessens secretions, arrests discharges and hemorrhages (astringent). Promotes the production of phagocytes which destroy harmful micro-organisms, bacteria, germs, etc. Mammary depressant – reduces milk production. Eases suffering, lessens excitement and over-activity (sedative). For conditions such as: Viruses, Toothache, Bruises, Eczema. Emotional: Reflective, organized, devoted.

VIOLET:

Spleen builder and stimulant. Decreases muscular activity, including the heart muscles. Lymphatic glands depressant, systemic front. Pancreas depressant (area: stomach, middle back). Decreases activity of the nervous systems (tranquilizer). Promotes production of leucocytes, white (violet) blood cells. For conditions such as: Emotional stress, Fibromyalgia, Lupus. Emotional: Compassionate, imaginative, selfless

PURPLE:

Kidney and adrenal depressant (area: middle back). Decreases sensitivity to pain. Induces relaxation and sleep. Increases functional activity of the veins. Lowers blood pressure by three effects: dilates blood vessels, reduces the heart rate (area: breasts), decreases activity of the kidneys and adrenals (area: middle back) and the chromaffic system, systemic front and back. Lowers body temperature, Controls fever and high blood pressure in malaria and recurrent fevers. Emotional and reproductive system depressant. Builds sex powers by decreasing sensitivity and desire when excessive. Moderates blood pressure between heart and lungs. For conditions such as: Asthma, Migraine, Hard Arteries, Hypertension. Emotional: Spiritual, wise, mysterious

MAJENTA:

Emotional equilibrator and auric builder, systemic front. Builds and equilibrates the functional activity of heart, blood circulatory system, Kidneys and adrenals, the chromaffin system, systemic front and back, reproductive system, kidneys. For conditions such as: Edema, Inflammation, Arrhythmia. Emotional: Sensible, cooperative, sometimes impulsive and non-conforming.

SCARLET:

Kidney and adrenal stimulant. General stimulant. Increases functional activity of the arteries. Raises blood pressure by three effects: constricts the blood vessels, increases heart rate, stimulates activity of the kidneys and adrenals (area: mid back), accelerates fetal expulsion at time of delivery. Emotional stimulant. Builds sex powers by increasing sensitivity and desire when deficient. Stimulates the reproductive system and menstrual function. For conditions such as: Kidney disorders, impotency, hypotension. Emotional: Aroused, active, passionate, easily angered.