

HYDROCHROMOPATHY

Presentation by:
NOREEN WATSON



WHAT IS HYDROCHROMOPATHY ?



Definition: a system of alternative medicine that uses water as a medium for the absorption of color, as a therapy for treatment.

History of Hydrochromopathy

According to ancient Egyptian mythology, the art of chromotherapy was discovered by the god Thoth.

In the hermetic traditions, the ancient Egyptians and Greeks used colored minerals, stones, crystals, salves and dyes as remedies and painted treatment sanctuaries in various shades of colors. Color was intrinsic to healing, which involved restoring balance. Sunlight was used in direct healing and garments, oils, plasters, ointments and salves were used for indirect healing.

What was missing in their medicinal use of color was water as a medium for the absorption of color, which later proved to be the best remedy for removing toxins from the body. This concept is common among all researchers working on hydrochromopathy.

History of Hydrochromopathy

Avicenna (AD 980) advanced the art of healing using colors.

Pleasanton (1876) used only blue and stated that blue was the first remedy in case of injuries, burns or aches. He reported his findings on the effects of color in plants, animals and humans.

Babbitt (1877) presented a comprehensive theory of healing with color. Babbitt also established the relationship between color and minerals. He developed elixirs by irradiating water with sunlight filtered through colored lenses. He claimed that this 'potentized water' retained the energy of the vital element within the particular color filter used and had remarkable healing power.

The actual energy to which he referred in potentized water was not calculated by any means. He did not explain the energy change in water, its quantum states and how different kinds of vibrations affect water in different manners. He did not explain about the potency of potentized water, but incredible for that time was his correlation of magnetism with chromotherapy. He discussed appropriate colors for diseases in detail that in a way does not contradict to the facts newly established under the influence of science.

History of Hydrochromopathy

Modern light medicine got its biggest boost from the pioneering work of an Indian physician named Dinshah Ghadiali. Ghadiali did a great deal of research into the use of color light for healing after moving to New York in 1911. He trained over 800 professionals between 1920 and 1924.



He got his start with light medicine in India, after a young woman with severe diarrhea caused by colitis was rapidly cured when light from a kerosene lantern, passed through an indigo-colored glass bottle, was shone onto her. The woman was also helped by drinking milk that had been in an indigo-colored bottle left out in the sun. The milk apparently taking on the healing vibrations of that color of light.

Over the next 20 years, his group amassed many thousands of successful case studies showing the remarkable power of light healing for a wide range of human diseases. As has often been the case with innovators, Ghadiali was ordered by the FDA to shut down his teaching and equipment sales in 1947.

His son, Darius, continues an educational forum called the **Dinshah Health Society**.

COLOR AND THE HUMAN BODY

Light is electromagnetic radiation – a fluctuation of electric and magnetic fields in nature. Every creature is engulfed in light that affects its health. The human body came into existence from colors, the body is stimulated by colors and colors are responsible for the correct functioning of the body.

All organs, cells and atoms exist as energy and each form has its own frequency or vibrational energy. Any departure from that vibratory rate results in pathology, whereas restoring the appropriate energy levels to the physical organs results in recovery.

Colors generate electrical impulses and magnetic currents or fields of energy that are prime activators of the biochemical and hormonal processes in the human body, the stimulants or sedatives necessary to balance the entire system.

RED

Physical:

- Stimulates the sensory nervous system which energizes the senses: sight, hearing, touch, taste and smell
- Liver builder and stimulant for liver and stomach
- Builds platelets, hemoglobin, etc., of the blood (hemoglobic)
- Causes rapid expulsion of debris through the skin; may induce skin redness, itching, pimples, until the internal cleansing process is completed (irritant, pustulant)
- Counter-agent for **cold** burns from x-rays, ultra-violet

For conditions such as: Anemia, Liver problems, Circulation

Emotional: Vitality, courage, passionate

ORANGE

Physical:

- Lung builder and respiratory stimulants areas thyroid, breast and upper back
- Thyroid builder and stimulant, Parathyroid depressant
- Relieves cramps and muscle spasms (antispasmodic)
- Stimulates mammary glands to increase milk production
- Stomach stimulant, areas spleen, liver, stomach (stomachic)
- Assists vomiting when stomach contains unsuitable matter.
- Relieves flatulence or gas in the digestive tract (mid and lower abdomen)
- Bone builder, corrects bone softness, rickets, by calcium effect
- Tissue stimulant decongestant

For conditions such as: Muscle or menstrual cramps, Gastritis, Nausea

Emotional: Joy, confidence, resourceful

YELLOW

Physical:

- Stimulates the motor nervous system which energizes the muscles. Nerve builder for sensory and motor systems.
- Stimulates the lymphatic system. Mild tissue stimulant
- Stimulates the intestines, pancreas, and production of digestive fluids – bile, hydrochloric acid, etc.
- Increases bowel movements
- Spleen depressant; equilibrator in melancholia, balances areas of spleen and liver through the portal circulation.
- Expels worms and parasites

For conditions such as: Diarrhea, Parasites, Mental disorders

Emotional: Happy, clarity, strong self esteem

LEMON

Physical:

- Produces a favorable change in the processes of nutrition and repair in persistent disorders (chronic alterative) Dissolves blood clots.
- Promotes coughing to expel mucus and fluids from the lungs and air passages
- Bone builder, by phosphorus effect
- Brain stimulant
- Thymus builder and stimulant
- Mildly stimulates digestive system (laxative)
- Equilibrator after extended use of ultra-Green tonations

For conditions such as: Cancer, Constipation, Fatigue, Hypertension

Emotional: Hopeful, restless, excitable

GREEN

Physical:

- Cerebral equilibrator. Physical equilibrator, systemic front
- Pituitary stimulant and equilibrator (area: face)
- Stimulated the rebuilding of muscles and tissues
- Destroys microorganisms, germs, bacteria; cleanses and prevent decay (germicide, bactericide, disinfectant, antiseptic)

For conditions such as: Colds, Flu, Sinusitis, Food poisoning, Arthritis

Emotional: Calm, alert, sensitive, jealous

TURQUOISE

Physical:

- Produces a favorable change in the processes of nutrition and repair in recent disorders (acute alterative)
- Brain depressant
- Skin tonic. Rebuilds burned skin
- Equilibrator after extended use of infra-Green tonations.

For conditions such as: Burns, Hyperacidity, Neuralgia, Insect bites, Rashes

Emotional: Easy going, enthusiastic, creative, sensitive, over or under emotional

BLUE

Physical:

- Relieves itching, and irritation of abraded surfaces
- Encourages perspiration
- Mild sedative. Reduces or removes fever and inflammation
- Pineal stimulant (area: face) Builds vitality.

For conditions such as: **Hot** Burns, Cough, Sunburn, Arthritis, Rashes

Emotional: Cool, calm, peaceful, relaxed

INDIGO

Physical:

- Parathyroid builder and stimulant (area: thyroid)
- Thyroid depressant
- Respiratory depressant
- Causes contractions, controls abscesses, lessens secretions, arrests discharges and hemorrhages (astringent)
- Promotes the production of phagocytes which destroy harmful micro-organisms, bacteria, germs, etc.
- Mammary depressant – reduces milk production
- Eases suffering, lessens excitement and over-activity (sedative)

For conditions such as: Viruses, Toothache, Bruises, Eczema

Emotional: Reflective, need for recognition, organized, devoted.

VIOLET

Physical:

- Spleen builder and stimulant
- Decreases muscular activity, including the heart muscles
- Lymphatic glands depressant, systemic front. Pancreas depressant (area: stomach, middle back)
- Decreases activity of the nervous systems (tranquilizer)
- Promotes production of leucocytes, white (violet) blood cells.

For conditions such as: Emotional stress, Fibromyalgia, Lupus

Emotional: Compassionate, imaginative, selfless

PURPLE

Physical:

- Kidney and adrenal depressant (area: middle back)
- Decreases sensitivity to pain. Induces relaxation and sleep
- Increases functional activity of the veins
- Lowers blood pressure by three effects: dilates blood vessels, reduces the heart rate (area: breasts), decreases activity of the kidneys and adrenals (area: middle back) and the chromaffic system, systemic front and back
- Lowers body temperature, Controls fever and high blood pressure in malaria and recurrent fevers
- Emotional and reproductive system depressant. Builds sex powers by decreasing sensitivity and desire when excessive
- Moderates blood pressure between heart and lungs.

For conditions such as: Asthma, Migraine, Hard Arteries, Hypertension

Emotional: Spiritual, wise, mysterious

MAGENTA

Physical:

- Emotional equilibrator and auric builder, systemic front.
- Builds and equilibrates the functional activity of heart, blood circulatory system, Kidneys and adrenals, the chromaffin system, systemic front and back, reproductive system, kidneys

For conditions such as: Edema, Inflammation, Arrhythmia

Emotional: Sensible, cooperative, sometimes impulsive and non-conforming.

SCARLET

Physical:

- Kidney and adrenal stimulant
- General stimulant. Increases functional activity of the arteries
- Raises blood pressure by three effects: constricts the blood vessels, increases heart rate, stimulates activity of the kidneys and adrenals (area: mid back), accelerates fetal expulsion at time of delivery
- Emotional stimulant. Builds sex powers by increasing sensitivity and desire when deficient
- Stimulates the reproductive system and menstrual function

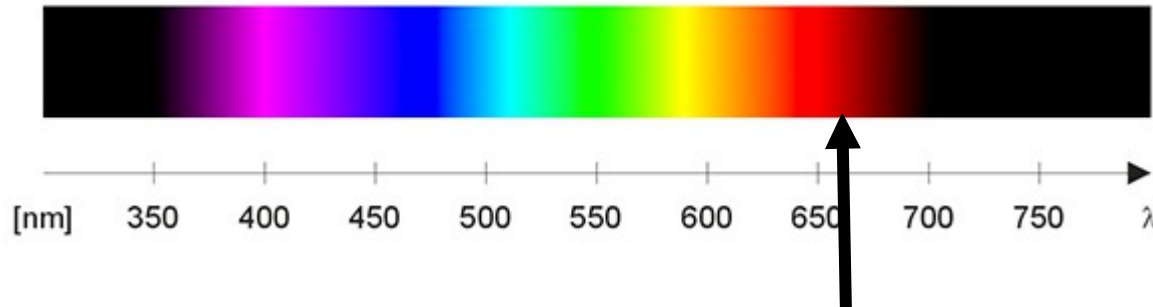
For conditions such as: Kidney disorders, impotency, hypotension

Emotional: Aroused, active, passionate, easily angered.

| | | | |
|---|---|--|---|
| Calm, peace Growth Soothing Reassurance Healing Money Discerning Envy | Credible Reliable Professional Trust Strength Confidence Integrity Aloof | Alert but relaxed Content, serenity Healing Sophisticated Wisdom Creativity Emotional balance Self centered | Curative Protective Thoughtful Imaginative Wise Dignity Moody Impulsive |
| Enlightening, Foreboding Caution Clarity Warmth Optimism Cheerful Friendly | Energizing Desire Warmth Ideas Innovation Thinking Impatient Exasperated | Compassion Romance Faithfulness Beauty Sensitivity Uncertain Curious Affectionate | Stable Reliable Approachable Genuine Organic Worried Adaptive Anticipating |
| Passionate Exciting Demanding Danger Daring Urgency Energy Stressed | Balance Neutral Calm Stability Security Strong Maturity Lonely | Freshness Hope Goodness Light, Purity Simplicity Coolness Cleanliness Unenthusiastic | Power Formality Mystery Sophistication Death Depression Hurt Inactive |

COLORED LIGHT AND PLANT GROWTH

Wavelength (Color) Influence on Plants



Red light (640nm-680nm)

660nm

Red light affects phytochrome reversibility and is the most important for photosynthesis, flowering and fruiting regulation.

If RED rays are obstructed, there is NO flowering.

Orange glass increases heat in a hot house even more than red glass.

GREEN light promotes high foliage.

COLORED LIGHT AND PLANT GROWTH

A strictly controlled experiment at the University of Michigan determined that plants grown with 50 percent green and 50 percent red light were approximately 25 percent shorter than those grown under only red light, but approximately 50 percent taller than all plants grown under more than 25 percent blue light

RED = Maximum height, GREEN = Maximum foliage

Salvia splendens 'Vista Red'

Seedlings grown at 68 °F for 4 weeks under LEDs for 18 hours/day at $\text{PAR}=160 \mu\text{mol}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$ consisting of (%):



B=blue, 446 nm; G=green, 516 nm; R=red, 634 nm; HR=hyper red, 664 nm

COLORED LIGHT AND PLANT GROWTH

Plantain under red light growth



Note how the leaves of the plantain grow up towards the light – they normally grow more flat and outward



Note how much taller and more prolific the flower/seed results are too



COLORED LIGHT AND PLANT GROWTH

In the path of the red light

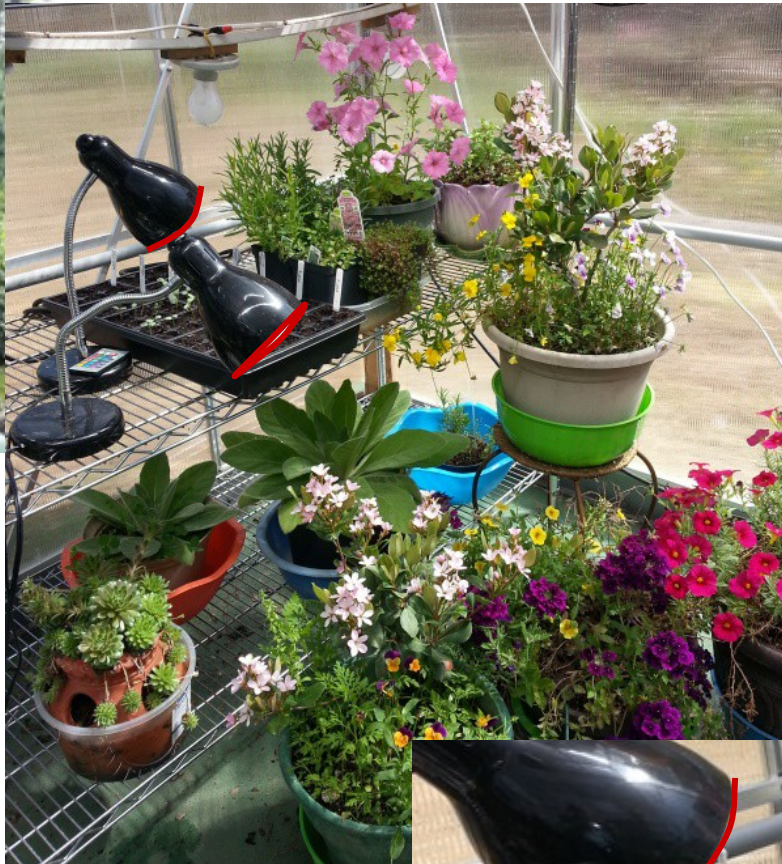
NOT in the path of the red light



COLORED LIGHT AND PLANT GROWTH



**In a simple greenhouse,
under red light, the
plants grew rapidly and
began flowering in February
instead of later in the season
Blooms were very prolific.**



**Also, the plants that are
germinating are sprouting in
about half the normal time**



COLOR AND GEM THERAPY

RED - Andesine, Garnet, Ruby, Spinel, Tourmaline and Zircon.

PINK - Kunzite, Morganite, Rose Quartz, Rhodolite Garnet, Spinel and Tourmaline.

ORANGE - Spessartite Garnet, Zircon, Fire Opal, Sapphire, Tourmaline, Imperial Topaz, Moonstone, Star Moonstone, Citrine, Andesine

YELLOW - Sapphire, Citrine, Fire Opal, Tourmaline, Sphene, Zircon, Orthoclase, Chrysoberyl, Beryl, Spodumene, Quartz, Agate, Diamond

GREEN - Emerald, Tourmaline, Tsavorite Garnet, Demantoid garnet, Garnet, Chrome Diopside, Peridot, Jade, Apatite, Sapphire, Adventurine, Prehnite, Agate, Ruby – Zoisite.

TURQUOISE - Turquoise, Alexandria, Aquamarine

BLUE - Aquamarine, Apatite, Agate, Sapphire, Tanzanite, Topaz, Zircon, Spinel, Lapis Lazuli, Tourmaline, Paraiba Tourmaline, Rainbow moonstone, Iolite, Kyanite, Fluorite

PURPLE - Amethyst, Fluorite, Spinel, Tourmaline, Sapphire, Chalcedony

BROWN - Quartz, Tigers eye, Agate, Tourmaline, Imperial Topaz.

BLACK - Diamond, Tourmaline, Onyx, Agate, Sapphire

WHITE/CLEAR - Diamond, Sapphire, Zircon, Moonstone, Topaz, Fire opal, Jade, Quartz, Agate.

IN CLOSING

YOU are surrounded by an aura or energy field that *radiates distinct color and vibrations.*

The aura reflects your condition.

Peace, wellness, stability and fulfillment may become your ever present precious possessions by the application of color in maintaining your health and well being.

May God bless you with greater light and knowledge!

